



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: 5 pin Bowling

Discipline:

Context: Community Sport-Initiation

Participant age group: 4 - 18

Estimated number of participants: 45000

Age range of coaches: 18 & up

Estimated number of coaches: 250

Date of conditional approval: May 24th 2006

Official launch date (both official languages): March 2007

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	
Plan a Practice	T	
Support to Athletes in Training	T	
Analyze Performance		
Design a Sport Program		
Support the Competitive Experience	T	
Manage a Sport Program		
**Sport-specific outcomes		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

Training program is based on the NCCP Community Coach Template

Training Description:

- This one day workshop takes place at a bowling centre
- The coaching session, technical planning and analysis allows for a structured assessment by the LFS

Learning Facilitator & Evaluator training:

- MLF's were identified by the Canadian 5 Pin Bowlers Association to attend a funded training session coordinated by the CCA
- MLF's were refreshed on adult education principles and facilitation skills
- Two pilot projects were conducted and each activity was tested by two MLF's. Each session was followed by a debriefing session and appropriate changes were made to the course content

NSO Contact Information

Sheila Carr
(613) 744-5090
c5pba@c5pba.ca

3 most innovative features of your program:

- 1 One day format allows for a one-stop coaching program that allows new bowlers the opportunity to learn the basic principles of 5-pin bowling
2. Allows parents, grandparents and older siblings the opportunity to work with young bowlers
3. Gives individuals the opportunity to gain experience in coaching and to understand the importance of teaching the sport properly.



Coaching
Association
of Canada

Association
canadienne
des entraîneurs

OUTCOME	CRITERIA	Multi-sport module	Integration
Make Ethical Decisions	Apply an ethical decision making process	Training program is based on the NCCP Community Coach Template	
Plan a Practice	Plan activities in a safe practice environment	Training program is based on the NCCP Community Coach Template	
Design a Sport Program			
Analyze Performance			
Provide Support to Athletes in Training	Lead participants in appropriate activities.	Training program is based on the NCCP Community Coach Template	
Support the Competitive Experience	Model exemplary behavior at practice and during competition	Training program is based on the NCCP Community Coach Template	
Manage a Program			
SPORT SPECIFIC			